

What is the impact of on-demand treatment and prophylaxis on QoL, beyond managing attacks?

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Why is this topic important?

Comparison with mast cell-mediated angioedema/urticaria

- Antihistamines
- More antihistamines
- Omalizumab
- Ciclosporin

Prophylaxis

Why is this topic important?

Hereditary angioedema

On demand

Prophylaxis

Why is this topic important?

Hereditary angioedema

- **Waiting for attack**
- **React with treatment**
- **Wait for end of attack**
- **Treat 2nd time?**
- **End of attack**

Prophylaxis

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Hereditary angioedema

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Prophylaxis

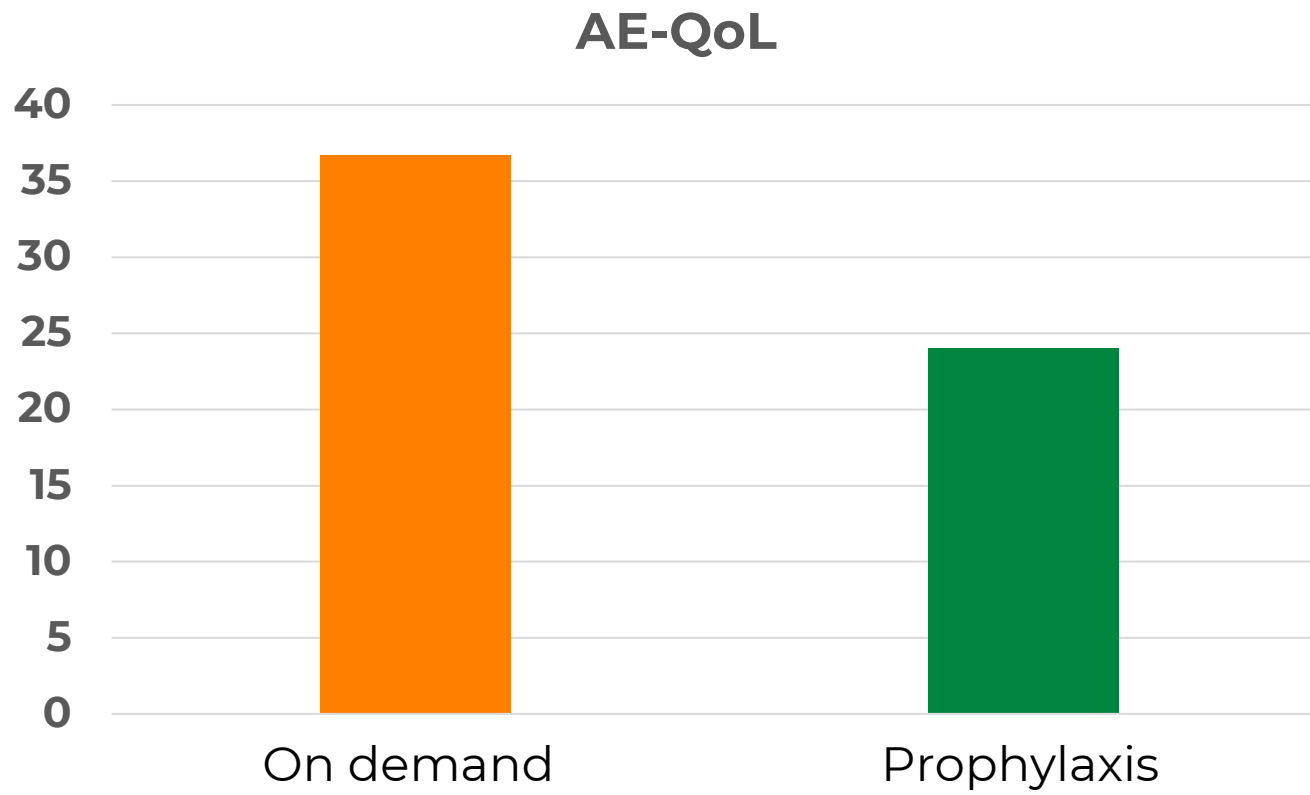
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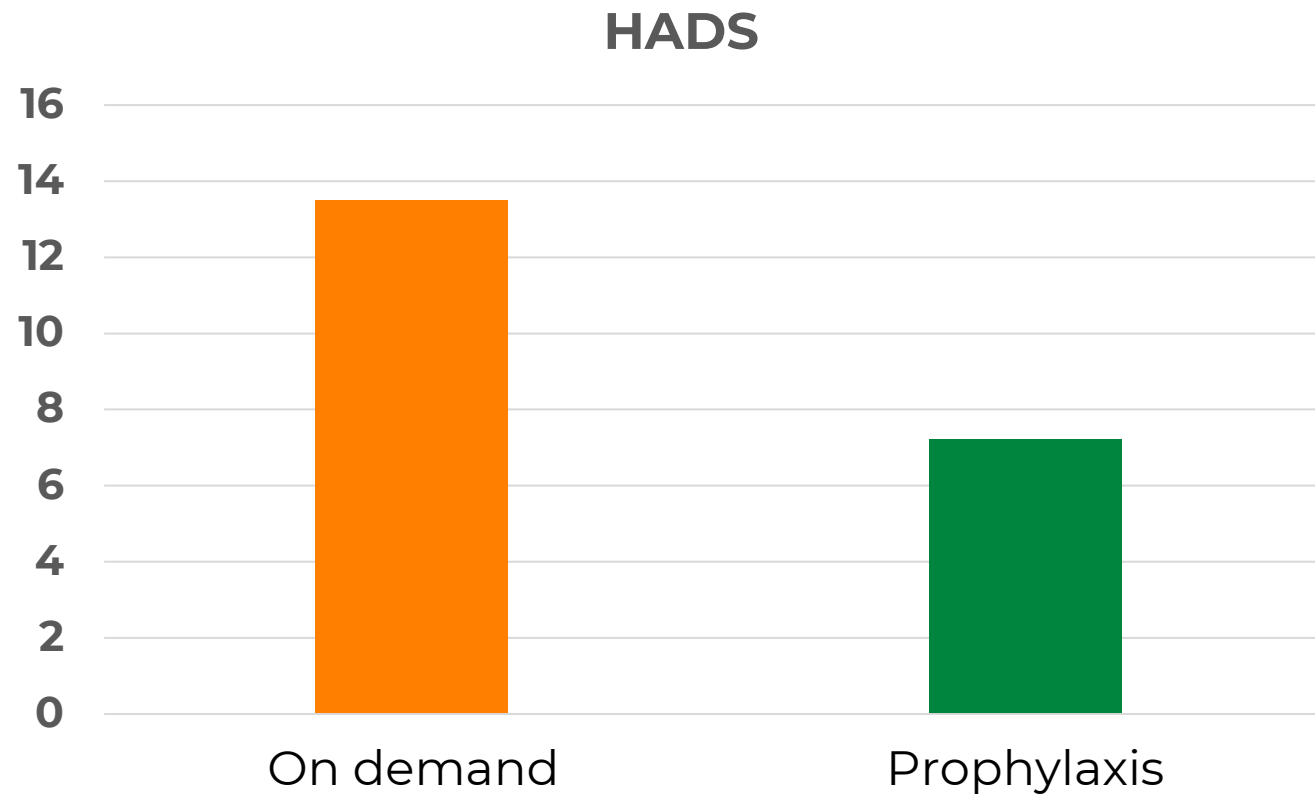
**Proactive
treatment**

What does the science say?



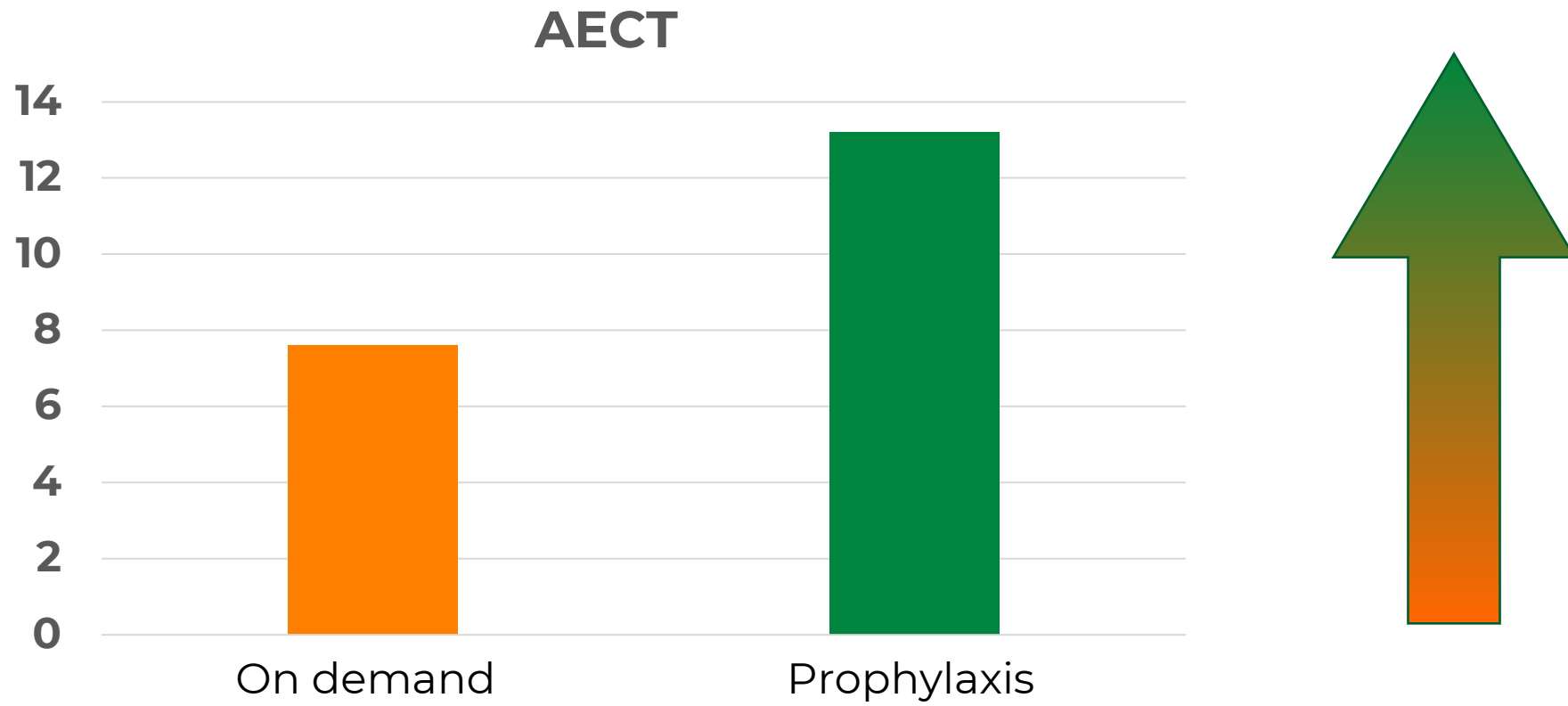
n=37
AE-QoL, Angioedema Quality of Life.
Zarnowski et al. *Int Arch Allergy Immunol.* 2021;22;1-8.

What does the science say?



n=37
HADS, Hospital Anxiety and Depression Scale.
Zarnowski et al. *Int Arch Allergy Immunol.* 2021;22;1-8.

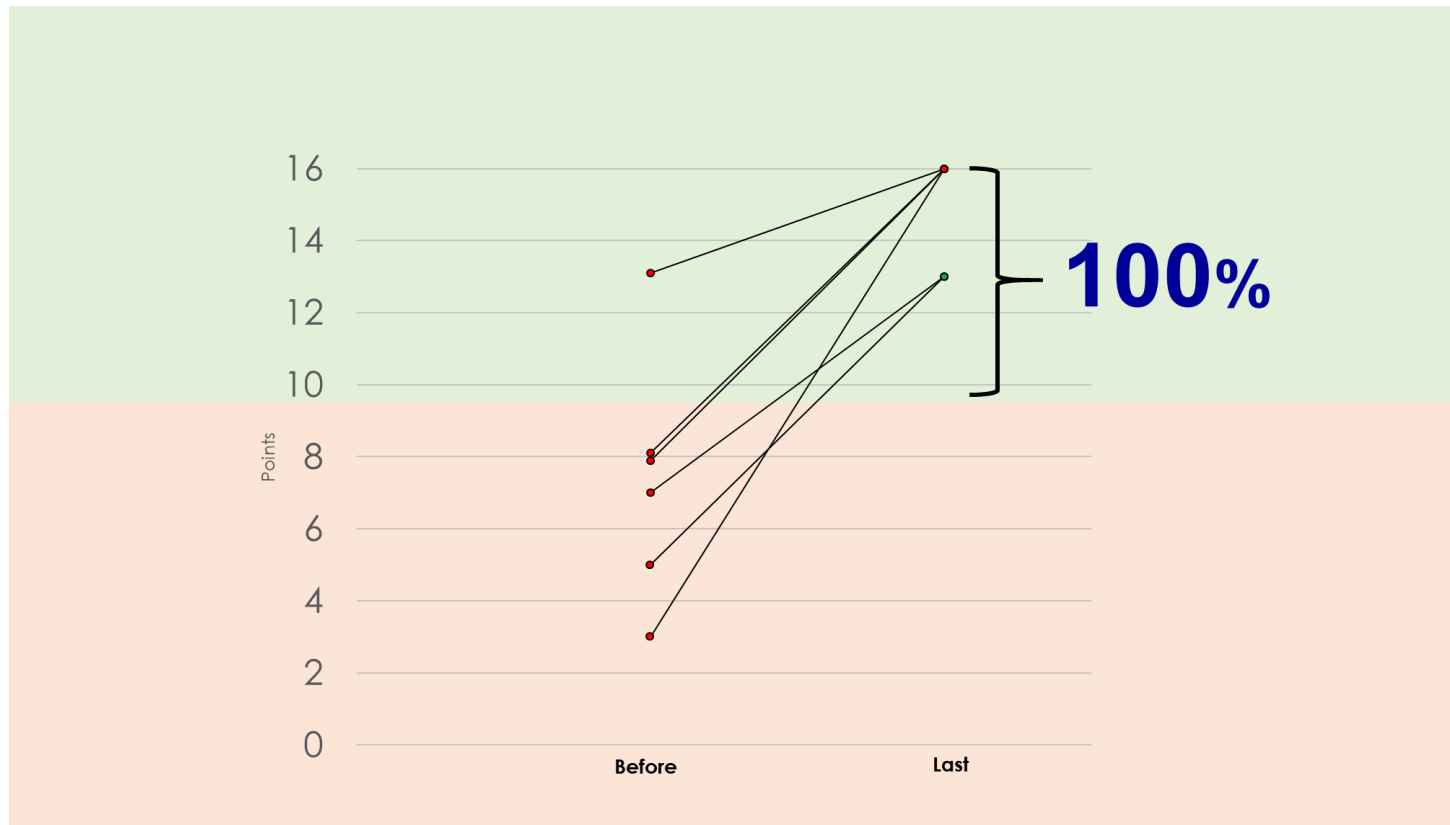
What does the science say?



n=37
AECT, Angioedema Control Test.
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My experiences

AECT, switch from on-demand treatment to prophylaxis



AECT, Angioedoma Control Test.

My experiences

QoL markedly improves:

- Functioning
- Fatigue/mood
- Fears/shame
- Food

Anxiety and depression is reduced

Days off work due to HAE are significantly reduced

Social wellbeing and productivity is improved

My experiences

- **Waiting for attack**
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**Proactive
treatment**

My vision

**Proactive
treatment**

Emergency medication